



# NSWRL – COMMUNITY HEAD INJURY FLOWCHART

THE FOLLOWING PROCESS SHOULD BE FOLLOWED ON GAME DAY BY GROUND MANAGERS AND SPORTS TRAINERS

## BEFORE GAMES COMMENCE

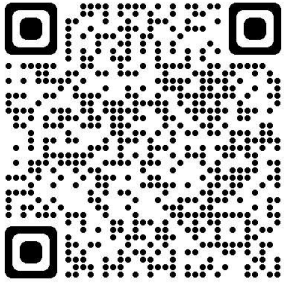


## DURING GAME – SPORTS TRAINER



FORM TO BE COMPLETED AND GIVEN TO PATIENT’S PARENT OR CARER

### COMMUNITY HEAD INJURY RECOGNITION AND REFERRAL FORM



1. Log into MySideline Manager (QR code to the left).
2. Select 'Report Injury' from the menu.  
Note: injuries can be reported for all members that are assigned to a squad.
3. Enter details of the injury.  
If Concussion Symptoms = YES is selected, additional questions about concussion will need to be completed, and the Player will be marked Unavailable for selection in teams until suitably cleared to return to play.  
If a suspected concussion is reported, a Symptom Record will need to be completed with the Player. A parent should help answer these questions if the player is 12 years old or younger.

Pages 1 and 2 of this form should be completed by the Sports Trainer in charge of patient care and the participant’s carer should be provided with all three pages of the form to present to their Doctor for examination (either with hard copy of forms or electronically through MySideline).

## DURING GAME – GROUND MANAGER / TEAM STAFF / ADMINISTRATION



## PARENT / CARER

1. PATIENT TAKEN TO DOCTOR / HOSPITAL AS SOON AS POSSIBLE WITH HEAD INJURY RECOGNITION AND REFERRAL FORM TO UNDERTAKE INITIAL HEAD INJURY ASSESSMENT

### PATIENT IS EITHER

**CLEARED OF HEAD INJURY  
(BY DOCTOR) - NO CONCUSSION**

1. DOCTOR HAS ASSESSED PLAYER AND REVIEWED **ALL PAGES OF HIA FORMS** AND DETERMINED NO CONCUSSION HAS OCCURRED.
2. DOCTOR IS TO COMPLETE THE NRL COMMUNITY HEAD INJURY/CONCUSSION MEDICAL CLEARANCE AND STAMP IT. THIS IS TO BE RETURNED TO THE LEAGUE ADMINISTRATOR/NSWRL.
3. LEAGUE ADMINISTRATOR/NSWRL TO MAKE PLAYER AVAILABLE TO RETURN TO PLAY.

**DIAGNOSED WITH HEAD INJURY  
(BY DOCTOR) - CONCUSSION**

1. DOCTOR HAS ASSESSED THE PLAYER AND REVIEWED HIA FORMS AND HAS CONFIRMED A CONCUSSION. MINIMUM STAND DOWN PERIOD ADULTS (19 YEARS AND OVER) 11 DAYS, CHILDREN AND ADOLESCENTS (18 YEARS AND YOUNGER) 19 DAYS. FOLLOW RETURN TO SPORT PROGRAM (RTS).
2. IT IS PREFERRED THAT THE PLAYER IS TO RETURN TO THE ASSESSING DOCTOR WHEN COMPLETING THE FOLLOW UP ASSESSMENT. MINIMUM TIMEFRAME THAT THE PLAYER CAN BE CLEARED TO RETURN TO CONTACT TRAINING IS:  
  
7-8 DAYS ADULTS (19 YEARS AND OLDER)  
  
14-16 DAYS (CHILDREN AND ADOLESCENTS 18 YEARS AND YOUNGER)
3. PLAYER HAS FOLLOWED RTS AND HAS BEEN TO A FOLLOW UP ASSESSMENT WITH THE DOCTOR. DOCTOR HAS CLEARED THE PLAYER AND WILL COMPLETE THE NRL COMMUNITY HEAD INJURY/CONCUSSION MEDICAL CLEARANCE FORM STAMPING IT. THIS IS TO BE RETURNED TO THE LEAGUE ADMINISTRATOR/NSWRL.
4. LEAGUE ADMINISTRATOR/NSWRL TO MAKE PLAYER AVAILABLE TO RETURN TO PLAY FOLLOWING MINIMUM STAND DOWN PERIODS

- Head Injury Recognition and Referral forms **MUST** be returned to the participant's Club and League Administrator ASAP.

Failure to do so may result in participants missing further matches.

- Generic Medical Certificates will not be accepted as proof of Medical Clearance – player will only be marked available once Page 3 of the Head Injury Recognition and Referral Form is completed by a Doctor and returned to League Administrator.