



NSWRL CLUB CHECKLIST FOR A RETURN TO SPORT



Social distancing 1.5m



Stay at home if you're sick



Wash your hands regularly and cover coughs and sneezes

Return to Sport Checklist

Your clubs should consider each of the actions set out in each checklist. These actions should act as a guide for community clubs and prompt further discussion on measures that are appropriate for an organisation.

Some clubs may determine that the organisational capability or risk profile of their sporting activities do not justify undertaking all of the listed actions. However, where an action in this checklist is not undertaken, the club should be able to justify that decision to relevant sport stakeholder groups, including government and public health authorities, on an “if not, why not?” basis. Space is provided at the bottom of each consideration for organisations to document the rationale behind such decisions.

It is important to properly consider the requirements of your sport's return to sport plan to ensure your return to sport arrangements do not jeopardise the health of your sport's participants.

The Checklist should be completed by the club appointed COVID-19 Safety Officer as part of his role to assess the readiness of the club to return to play.

Any person displaying respiratory symptoms (no matter how mild) such as cough, sore throat, shortness of breath, runny nose etc, or fever or gastrointestinal symptoms (eg diarrhea or vomiting) or loss of smell and/or taste, or flu like symptoms such as muscle aches, fatigue or other possible signs of COVID-19; or who has travelled internationally or been in direct contact with a known case in the last 14 days must not attend clubs or training and should seek medical advice before returning.

Area	Action	Yes/No
General	Have you nominated a COVID-19 Safety Officer?	
	Have you completed, and had approved by the relevant authorities, a COVID-19 Safety Plan?	
	Have you advised all members to download the COVIDSAFE app?	
	Does the club, volunteers, participants and community have access to the COVID-19 guidelines?	
	Has the club recommended that participants receive the Fluvax Influenza vaccination) prior to returning to play?	
	Have you identified any cases of members who have been in contact with COVID-19?	
	Do you have a process in place (text/whatsapp/MySideline) to communicate COVID-19 case notifications in your club/league?	
	Are you able to provide an isolated area for any participant who feels unwell at training or games to remain until their departure?	
	Do you have a process in place to enforce and monitor the pre-return screening of any participant that may have had COVID-19?	
Financial	Do you know the costs associated with implementing the new safety/return to play measures?	
	Have you adjusted your budgets accordingly?	
	Have you communicated any financial changes to your members?	
	Does the club have the necessary finances to compete in 2020?	



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Area	Action	Yes/No
Participation	Has NSWRL approved a return to sport (training AND playing)?	
	Can the club participate in an altered season format? (length of season, start and finish dates etc)	
	Has the club committee approved a return to sport for the club?	
	Are there any ages or divisions that participated in 2019 that won't participate in 2020 due to COVID-19?	
	Have you notified your governing League of your team nominations?	
	Have you communicated to your governing League any challenges with team nominations due to player numbers or volunteers?	
Registrations (Players)	Have you re-opened your club for registrations?	
	Is the club aware of the alteration to the registration cut-off dates for the 2020 season?	
Registrations (Volunteers)	Have all volunteers registered for the 2020 season?	
	Do all registered volunteers hold valid accreditations and Working with Children clearance?	
Return to Training	Is the club clear on the return to training protocols allowed in step 1 and 2 of the process? <ul style="list-style-type: none"> • "Get in, Train, Get Out" • Limit the number of people who attend session to essential people only • Maximum training group sizes, training areas and times • Maintain physical distancing (>1.5m) and density (one participant per 4 square metres) • No contact training 	
	Is the club clear on the return to training protocols allowed in step 3 of the process? <ul style="list-style-type: none"> • Full Training- including contact- and competition allowed • Return to full use of club facilities • Where possible, maintain physical distancing and density guidelines 	
	Does the club have a training plan and schedule in place to maximise the available space and minimise the number of people attending at any one time?	
	Does the club have the ability to maintain an attendance register for all training and competition days? Registration details should be taken for all players, volunteers, coaches and staff.	
Playing Kit	Does the club have a cleaning and hygiene plan for the equipment used for each team?	
	Teams should not wash playing kit (jersey, shorts, socks, bibs) in a communal wash. Players should wash their own uniforms.	
	Are players aware that no sharing of head-gear, mouthguards, guards or any other form of personal protective equipment is allowed?	
	Are coaches/volunteers/staff aware that no sharing of head-sets/ear-phones/whistles etc is allowed?	
	Are players aware they must bring an individual water bottle for use in training and game day?	
Hygiene	Does the club have 'sanitation stations' and hand sanitiser in prominent places around the facility, including entry and exit points?	
	Has the club provided education or guidance on hygiene protocols to members, participants, coaches, staff, volunteers and families?	
	Does the club have a regular and thorough cleaning schedule to disinfect any common areas or high touch surfaces?	