

# VOLUNTEER POSITION DESCRIPTIONS

# SPORTS TRAINER CO-ORDINATOR

## Responsibilities

The Sports Trainer Co-ordinator provides a high level of sports medicine knowledge, procedures and advice within the Club.

### **Duties**

- » Ensure all Sports Trainers and LeagueSafe personnel hold appropriate qualifications as per the NRL On-Field Policy
- » Maintain accurate records of the club's Sports Trainers and LeagueSafe personnel qualifications/experience
- » Assume responsibility for the qualification of Sports Trainers and LeagueSafe personnel
- » Arrange appropriate training as required for the club's Sports Trainers
- » Prepare a roster of qualified Sports Trainers for all club games
- » Ensure that all necessary first aid equipment is available for all games hosted at the Clubs home ground
- Supervise Sports Trainers to ensure that all health requirements are being observed for the treatment of players and for the safety of volunteers
- » Ensure that Sports Trainers and LeagueSafe personnel have the necessary equipment required: squeeze bottles, first aid kits, ice packs, HIA forms etc.
- » Explain to players the necessity of reporting medical problems and injuries
- » Explain the rules in regard to head injuries and other serious injuries
- » Explain to players the importance of personal hygiene in relation to contact with blood
- » Keep accurate records of player injuries
- » Help manage players post injury and their return to train / return to play
- » Undertake training on Head Injuries / Concussion as required
- » Manage Graduated Return to Play procedures for players at your Club
- » Keep the Committee informed of all relevant issues

#### **Notes**

The NRL policy states that all official personnel over the age of 16 years that enter the field of play to attend to a player must possess at minimum a LeagueSafe Certificate or a Level 1 Sports Trainer accreditation.

For information on coaching updates, resources and courses visit:

The Home of Trainer Education - <a href="https://playrugbyleague.com/trainer/">https://playrugbyleague.com/trainer/</a>